This version is only a translation. The valid version is the original in Swedish.

## The Swedish Food Agency's Code of Statutes

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# Regulations amending the Swedish Food Agency's regulations (SLVFS 2005:9) on the use of the Keyhole symbol;

**LIVSFS 2021:1** 

(H 128)

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#### The Keyhole symbol

**1** § These regulations apply to the labelling and presentation of foodstuffs with a certain symbol, i.e. the Keyhole symbol. The regulations do not apply to the labelling and presentation of the Keyhole symbol on food that is not prepacked and supplied at mass caterers. (*LIVSFS 2015:1*).

**1 a §** Labelling and presentation of foodstuffs with a symbol that declares fat, sugar, salt or fibre content may only be carried out using a symbol (Keyhole symbol), which is formulated in accordance with the example below and represented in green or black.



Foodstuffs may only be labelled and presented bearing the Keyhole symbol if the conditions in the regulation are satisfied.

The terms used in these regulations are described in *Annex 1*.

The first paragraph shall not apply to other symbols on foodstuffs which are lawfully labelled or placed on the market in another Member State within the EEA area or Turkey. (*LIVSFS 2021:1*).

#### **Conditions**

**2** § Foodstuffs may be labelled and presented with the Keyhole symbol in the case of prepacked foods that satisfy all conditions for the food group indicated in *Annex* 2 of these regulations.

In addition, foodstuffs that is not prepacked may be labelled or presented with the Keyhole symbol in the following food groups.

- Unprocessed vegetables in food group 1 (Potatoes; root vegetables, leguminous plants (excluding peanuts) and other vegetables and spices).
- 2 (Fruits and berries).
- 8 a-b (Soft bread etc. and Rye bread etc.).
- 9 (Hard bread and crusts).
- 16 (Cheese).
- 17 (Wholly or partially vegetable alternatives to group 16).
- 21 (Fishery products and live mussels).
- 23 (Unprocessed meat).(LIVSFS 2015:1).
- **3** § Foodstuffs intended for children up to the age of 36 months must not be labelled or presented with the Keyhole symbol. (*LIVSFS 2015:1*).
- **4** § The following ingredients must not be contained in foodstuffss labelled or presented with the Keyhole symbol:
  - Sweeteners (food additives),
  - approved novel foodstuffs with sweetening properties, and
  - phytosterols, phytosterol esters, phytostanols and phytostanol esters.

Oil and other fat used in the production of the products may contain a maximum of 2 g of industrially produced trans-fatty acids per 100 g oil and fat.

Fat, sugars and salt may only be added to the foodstuffs for which conditions for fats, sugars or salt are explicitly stated in the respective food group in *Annex* 2. This kind of nutrient may, however, be added to foodstuffs in other food groups as long as this is not done in greater quantities than is necessary in order to achieve the desired purpose. (*LIVSFS 2021:1*).

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These regulations shall enter into force on 1 June 2005, at which time the Swedish Food Agency's regulations (SLVFS 1989:2) and general guidance on the use of a particular symbol shall cease to be valid.

These regulations come into force

- on 1 October 2009 (transitional provisions).
- on 17 June 2009 (remaining provisions).

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These regulations (2015:1) shall enter into force on 1 March 2015.

Products in food groups 22 c), 24 c), 26–28 and 31 labelled or presented in accordance with older provisions before 1 March 2019 may, however, be placed on the market until stocks are exhausted.

Products in other food groups labelled or presented in accordance with older provisions before 1 September 2016 may, however, be placed on the market until stocks are exhausted.

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ANNICA SOHLSTRÖM

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<sup>1.</sup> These regulations (2021:1) shall enter into force on 1 March 2021.

<sup>2.</sup>Products labelled or presented in accordance with older provisions before 1 September 2021 may, however, be placed on the market until stocks are exhausted.

<sup>3.</sup>Products labelled with the Keyhole followed by the ® symbol before 1 September 2024 may, however, be placed on the market until stocks are exhausted.

Annex 1 (LIVSFS 2005:9)

#### **Terms**

The following terms apply in these regulations.

- *Prepared fishery products:* The same meaning as in point 3.6 of Annex 1 of Regulation (EC) No 853/2004 of the European Parliament and of the Council of 29 April 2004 laying down specific hygiene rules for the hygiene of foodstuffs of animal origin.
- *Processing:* The same meaning as in Article 2.1(m) of Regulation (EC) No 852/2004 of the European Parliament and of the Council of 29 April 2004 on food hygiene.
- *Fat:* The same meaning as in point 2 in Annex 1 of Regulation (EU) No 1169/2011 of the European Parliament and of the Council of 25 October 2011 on the provision of food information to consumers, amending Regulations (EC) No 1924/2006 and (EC) No 1925/2006 of the European Parliament and of the Council, and repealing Commission Directive 87/250/EEC, Council Directive 90/496/EEC, Commission Directive 1999/10/EC, Directive 2000/13/EC of the European Parliament and of the Council, Commission Directives 2002/67/EC and 2008/5/EC and Commission Regulation (EC) No 608/2004.
- Fibre: The same meaning as in point 12 in Annex 1 of Regulation (EU) No 1169/2011 of the European Parliament and of the Council.
- Fishery products: The same meaning as in point 3.1 in Annex 1 of Regulation (EU) No 853/2004 of the European Parliament and of the Council.
- Whole grain: The whole kernel of grains (endosperm, sprout and bran); the kernel may be ground, crushed or similar but all components of the respective grain shall be included in their entirety.
- Prepacked foods: The same meaning as in article 2.2.e of Regulation (EU) No 1169/2011 of the European Parliament and of the Council.
- *Gluten free:* The same meaning as in the Commission Regulation (EC) No 828/2014 of 30 July 2014 on the requirements for the provision of information to consumers regarding absence or reduced prevalence of gluten in foodstuffs.
- *Meat:* The same meaning as in article 2.1 f of Regulation (EU) No 1169/2011 of the European Parliament and of the Council.
- *Live mussels:* The same meaning as in point 2.1 in Annex 1 of Regulation (EU) No 853/2004 of the European Parliament and of the Council.
- Fat spreads and blends: The same meaning as in Appendix II of Annex VII of–Regulation (EU) No 1308/2013 of the European Parliament and of the Council of 17 December 2013 establishing a common organisation of the markets in agricultural products and repealing Council Regulations (EEC) No 922/72, (EEC) No 234/79, (EC) No 1037/2001 and (EC) No 1234/2007.

- Saturated fat: The same meaning as in point 3 in Annex 1 of Regulation (EU) No 1169/2011 of the European Parliament and of the Council.
- Novel foodstuffs: The same meaning as in (EC) No 2015/2283 of the European Parliament and of the Council of 25 November 2015 on novel foodstuffs and foodstuff ingredients and amending Regulation (EU) No 1169/2011 of the European Parliament and of the Council and repealing Regulation (EC) No 258/97 of the European Parliament and of the Council and the Commission Regulation (EC) No 1852/2001.
- *Unprocessed products:* The same meaning as in Article 2(1)(n) of Regulation (EU) No 852/2004 of the European Parliament and of the Council.
- Salt: The same meaning as in point 11 in Annex 1 of Regulation (EU) No 1169/2011 of the European Parliament and of the Council.
- *Grain:* wheat, spelt, rye, oats, grain, corn, rice, millet and durum and other Sorghum species.
- *Flavoured:* Addition of flavourings or food ingredients with flavouring properties in accordance the same meaning as provided in Article 3.2 (i) of Regulation (EC) No 1334/2008 of the European Parliament and of the Council of 16 December 2008 on flavourings and certain food ingredients with flavouring properties for use in and on foods and amending Council Regulation (EEC) No 1601/91, Regulations (EC) No 2232/96 and (EC) No 110/2008 and Directive 2000/13/EC.
- Added sugars: All mono- and disaccharides added during the production of foods. Sugars occurring naturally in honey, fruit drinks, fruit juices and fruit concentrate are also covered.
- Trans fat: The same meaning as in point 4 in Annex 1 of Regulation (EU) No 1169/2011 of the European Parliament and of the Council.
- Phytosterols, phytosterol esters, phytostanols and phytostanol esters: The same meaning as in point 5 in Annex III of Regulation (EU) No 1169/2011 of the European Parliament and of the Council. (LIVSFS 2015:1).

| Annex 2 | (to LIVSFS 2005:9)

### Conditions for the following food groups

	Vegetables, fruit, berries and nuts etc	•
1.	Potatoes, root vegetables, legumes	<ul> <li>maximum added fat content 3</li> </ul>
	(except peanuts) and other vegetables.	g/100g
		- a maximum of 20% of the added
	The products may be processed.	fat may be saturated fat
		<ul><li>maximum added sugars 1 g/100g</li></ul>
	Unprocessed spices are also covered.	<ul><li>maximum salt 0.5 g/100 g</li></ul>
2.	Unprocessed fruits and berries. They	
	may, however, have been heat-treated.	
3.	Unprocessed nuts and peanuts. They	- maximum saturated fat content 10
	may, however, have been heat-treated.	g/100 g
	Flour, grains and rice etc.	
4.	Cereal flour, flakes, grains and crushed	- minimum fibre 6 g/100 g
	cereal containing at least 100% whole	
	grain calculated on the basis of the	
	product's dry matter content, also	
	cereal brands and sprouts.	
	Flour and grain from cereals that	
	contain 100 % wholegrain of the	
	product's contents of solids.	
	The cereals can be replaced in whole	
	or in part with vegetables (except	
	potatoes), legumes (except peanuts)	
	and root vegetables for the same	
	range of uses.	
	Bran and germ are exempted from the	
	requirement for wholegrain.	
5.	Rice containing 100 % whole grain	- minimum fibre 3 g/100g
	calculated on the basis of the product's	
	dry matter content.	
6.	Breakfast flakes and muesli containing	- maximum fat content 8 g/100 g
	at least 55 % whole grain calculated on	- maximum sugars 13 g/100 g, of
	the basis of the product's dry matter	which a maximum of 9 g/100 g

	content.  If the product contains vegetables (other than potatoes), legumes (other than peanuts) or root vegetables, the proportion of the product constituted by these, is not included in the calculation of the wholegrain quantity.  Gluten free breakfast flakes and muesli shall contain at least 20 % whole grain calculated on the basis of the product's dry matter content.	added sugars  — minimum fibre 6 g/100 g  — maximum salt 1.0 g/100 g
	Porridge, bread and pasta etc.	
7.	Porridge and porridge powder prepared in accordance with the manufacturer's instructions, containing at least 55 % whole grain calculated on the basis of the product's dry matter content.  If the product contains vegetables (other than potatoes), legumes (other than peanuts) or root vegetables, the proportion of the product constituted by these, is not included in the calculation of the wholegrain quantity.	<ul> <li>maximum fat content 4 g/100 g</li> <li>maximum sugars 5 g/100 g</li> <li>minimum fibre 1 g/100 g</li> <li>maximum salt 0.3 g/100 g</li> <li>The conditions refer to the products as ready-to-consume products.</li> </ul>
8a)	Soft bread and bread mixes where only liquid and yeast are to be added, and that containat least 30 % whole grain calculated on the basis of the product's dry matter content.  If the product contains vegetables (other than potatoes), legumes (other than peanuts) or root vegetables, the proportion of the product constituted by these is not included in the calculation of the wholegrain	<ul> <li>maximum fat content 7 g/100 g</li> <li>maximum sugars 5 g/100 g</li> <li>minimum fibre 5 g/100 g</li> <li>maximum salt 1.0 g/100 g</li> <li>The conditions refer to the products as ready-to-consume products.</li> </ul>

	quantity.	
	Products in food group 8b) are not covered.	
	Gluten free bread and bread mixes shall contain at least 10 % whole grain calculated on the basis of the product's dry matter content.	
8b)	Rye bread, bread mixes and other products based on rye, where only liquid and yeast are to be added.	<ul> <li>maximum fat content 7 g/100 g</li> <li>maximum sugars 5 g/100 g</li> <li>minimum fibre 6 g/100 g</li> <li>maximum salt 1.2 g/100 g</li> </ul>
	The product shall contain at least 35 % whole grain, calculated on the basis of the product's dry matter content. The grain element shall contain at least 30% rye.	The conditions refer to the products as ready-to-consume products.
	If the product contains vegetables (other than potatoes), legumes (other than peanuts) or root vegetables, the proportion of the product constituted by these is not included in the calculation of the wholegrain quantity	
9.	Hard bread, crusts and flour mixes where only liquid and yeast are to be added, containing at least 50% wholegrain calculated on the basis of the product's dry matter content.	<ul> <li>maximum fat content 7 g/100 g</li> <li>maximum sugars 5 g/100 g</li> <li>minimum fibre 6 g/100 g</li> <li>maximum salt 1.3 g/100 g</li> </ul>
	If the product contains vegetables (other than potatoes), legumes (other than peanuts) or root vegetables, the proportion of the product constituted by these is not included in the calculation of the wholegrain quantity.	
	Gluten free hard bread, crusts and flour mixes for such products, shall contain	

	at least 15 % whole grain calculated on the basis of the product's dry matter	
	content.	
10.	Pasta (without filling) containing at least 50% whole grain calculated on the basis of the product's dry matter	<ul><li>minimum fibre 6 g/100 g</li><li>maximum salt 0.1 g/100 g</li></ul>
	content.	The conditions refer to the product's dry matter content.
	If the product contains vegetables (other than potatoes), legumes (other than peanuts) or root vegetables, the	
	proportion of the product constituted by these is not included in the	
	calculation of the wholegrain quantity.	
	Gluten free pasta (without filling) has no whole grain requirements.	
	Milk, fermented products and vegetab	le alternatives etc.
11a)	Milk and equivalent fermented milk products intended as a drink.	- maximum fat content 0.7 g/100 g
	Similar lactose free products and lactose free milk drinks are also covered.	
	The products may not be flavoured.	
[11b)	Vegetable products intended for the same use as products in food group 11 a).	<ul> <li>maximum fat content 1.5 g/100 g</li> <li>maximum saturated fat content 33</li> <li>% of the total fat content</li> <li>maximum sugars 5 g/100 g</li> </ul>
	The products may not be flavoured.	– maximum salt 0.1 g/100 g
12a)	Fermented milk products not intended to be drunk.	- maximum fat content 1.5 g/100 g
	The products may not be flavoured.	
	Similar lactose free products are also covered.	

12b)	Vegetable products intended for the same use as products in food group 12 a).  The products may be flavoured.	<ul> <li>maximum fat content 1.5 g/100 g</li> <li>maximum saturated fat content 33</li> <li>% of the total fat content</li> <li>maximum sugars 5 g/100 g</li> <li>maximum salt 0.1 g/100 g</li> </ul>
13a)	Fermented milk products not intended for drinking.	<ul> <li>maximum fat content 1.5 g/100 g</li> <li>maximum added sugars 4 g/100 g</li> </ul>
	The products may be flavoured.	
	Similar lactose-free products are also covered.	
[13b]	Vegetable products intended for the same use as products in food group 13 a).	<ul> <li>maximum fat content 1.5 g/100 g</li> <li>maximum saturated fat content 33</li> <li>% of the total fat content</li> <li>maximum sugars 8 g/100 g</li> </ul>
	The products may be flavoured.	– maximum salt 0.1 g/100 g
14a)	Products comprising a mixture of milk and cream, intended as an alternative to cream, or equivalent fermented products. The products must not be flavoured.	- maximum fat content 5 g/100 g
	Equivalent lactose-free products are also covered.	
14b)	Products which are wholly or partially of vegetable origin intended for the same use as the products in food group 14 a). The products must not be flavoured.	<ul> <li>maximum fat content 5 g/100 g</li> <li>maximum saturated fat content 33</li> <li>% of the total fat content</li> <li>maximum sugars 5 g/100g</li> <li>maximum salt 0.3 g/100 g</li> </ul>
15a)	Products comprising a mixture of milk and cream, intended as an alternative to cream, or equivalent fermented products. The products may be flavoured.	<ul> <li>maximum fat content 5 g/100 g</li> <li>maximum sugars 5 g/100g</li> <li>maximum salt 0.8 g/100 g</li> </ul>
	Equivalent lactose free products are also covered.	
15b)	Wholly or partially vegetable products intended for the same use as the	<ul> <li>maximum fat content 5 g/100 g</li> <li>maximum saturated fat content 33</li> </ul>

		T
	products in food group 15 a).	% of the total fat content
		<ul><li>maximum sugars 5 g/100g</li></ul>
	The products may be flavoured.	- maximum salt 0.8 g/100 g
	Cheese and equivalent vegetable prod	ucts
16.	Cheese.	- maximum fat content 17 g/100 g
	Products in food group 18 are not	– maximum salt 1.6 g/100 g
	covered.	
	The products may be flavoured.	
17.	Products which are wholly or partially	- maximum fat content 17 g/100 g
1	of vegetable origin intended to be used	– maximum saturated fat content 20
	as alternatives to products in food	% of the total fat content.
	group 16.	– maximum salt 1.5 g/100 g
	The products may be flavoured.	
18.	Fresh cheese and equivalent products.	- maximum fat content 5 g/100 g
Į		– maximum salt 0.9 g/100 g
	The products may be flavoured.	- maximum added sugars 1 g/100g
	Fat spread and oils etc.	
19.	Fat spreads and blends.	<ul> <li>maximum fat content 80 g/100 g</li> </ul>
		– maximum saturated fat content 33
		% of the total fat content
	The products may be flavoured.	– maximum salt 1.1 g/100 g
20.	Cooking oils, liquid fat spread and	- maximum saturated fat content 20
	liquid blends.	% of the total fat content
		– maximum salt 1.0 g/100 g
	The products may be flavoured.	
	Fishery products and products derive	d from these
21.	Fishery products and live mussels.	
1 –	2 1511-151 products unto 11 ( 0 111-055-225)	
	The products may be prepared.	
22.	Products produced from a minimum of 5	50% processed fishery products
122.	Troducts produced from a minimum of a	yord processed fishery products.
	The products may contain sauce or liquid	d.
	The percentage and conditions concern t	
	consumption.	mose parts of the product interlace for
	The products may be coated with breado	crumbs but the cooking instructions
	must not add fat.	and the cooling monactions
22a)		– maximum fat other than fish fat 10
()	b-d.	g/100 g
L	1	0 - 0

		- maximum sugars 5 g/100g
1		- maximum salt 1.5 g/100g
22b)	Sliced cold cut products.	- maximum fat other than fish fat 10 g/100 g
1		– maximum sugars 5 g/100g
1		maximum salt 2.5 g/100g
22c)	Smoked or marinated fish.	- maximum fat other than fish fat 10
220)	Smoked of marmated fish.	g/100 g
1		- maximum sugars 5 g/100g
1		- maximum salt 3.0 g/100g
22d)	Caviare and other tinned fish products.	- maximum fat other than fish fat 10
22u)	Caviare and other timed fish products.	g/100 g
		- maximum sugars 5 g/100 g
		– maximum salt 3.0 g/100 g
	Meat and meat products	_
23.	Unprocessed meat.	<ul><li>maximum fat content 10 g/100 g</li></ul>
	At least 50 % of the product shall conwholegrain), vegetables (other than poor root vegetables. The meat content sproduct. For liver pate in food group 24 35% meat.	otatoes), legumes (other than peanuts) hall not be less than 20 % of the
	The products may contain sauce or liquiconcern those parts of the product inten	-
		ded for consumption.
24a)	concern those parts of the product inten  The products may be coated with bread	ded for consumption.
24a)	Concern those parts of the product inten  The products may be coated with bread must not add fat to the product.	ded for consumption.  crumbs but the preparation instructions
24a)	Concern those parts of the product inten  The products may be coated with breadmust not add fat to the product.  Raw products made from whole or	ded for consumption.  crumbs but the preparation instructions  — maximum fat content 10 g/100 g
24a)	Concern those parts of the product inten  The products may be coated with breadmust not add fat to the product.  Raw products made from whole or carved pieces of meat that are surface marinated or seasoned.  The following conditions apply to	ded for consumption.  crumbs but the preparation instructions  - maximum fat content 10 g/100 g  - maximum sugars 3 g/100 g  - maximum salt 1.0 g/100 g  - maximum fat content 10 g/100 g
24a)	Concern those parts of the product inten  The products may be coated with breadmust not add fat to the product.  Raw products made from whole or carved pieces of meat that are surface marinated or seasoned.	ded for consumption.  crumbs but the preparation instructions  - maximum fat content 10 g/100 g  - maximum sugars 3 g/100 g  - maximum salt 1.0 g/100 g  - maximum fat content 10 g/100 g  - maximum fat content 10 g/100 g  - maximum sugars 3 g/100 g
	Concern those parts of the product inten  The products may be coated with breadmust not add fat to the product.  Raw products made from whole or carved pieces of meat that are surface marinated or seasoned.  The following conditions apply to	ded for consumption.  crumbs but the preparation instructions  - maximum fat content 10 g/100 g  - maximum sugars 3 g/100 g  - maximum salt 1.0 g/100 g  - maximum fat content 10 g/100 g
	Concern those parts of the product inten  The products may be coated with breadmust not add fat to the product.  Raw products made from whole or carved pieces of meat that are surface marinated or seasoned.  The following conditions apply to injection-salted meat.  Raw or ready-to-eat products where	ded for consumption.  crumbs but the preparation instructions  - maximum fat content 10 g/100 g  - maximum sugars 3 g/100 g  - maximum salt 1.0 g/100 g  - maximum fat content 10 g/100 g  - maximum sugars 3 g/100 g  - maximum salt 0.5 g/100 g  - maximum fat content 10 g/100 g
	Concern those parts of the product inten  The products may be coated with breadmust not add fat to the product.  Raw products made from whole or carved pieces of meat that are surface marinated or seasoned.  The following conditions apply to injection-salted meat.	ded for consumption.  crumbs but the preparation instructions  - maximum fat content 10 g/100 g  - maximum sugars 3 g/100 g  - maximum salt 1.0 g/100 g  - maximum fat content 10 g/100 g  - maximum sugars 3 g/100 g  - maximum sugars 3 g/100 g  - maximum salt 0.5 g/100 g
	Concern those parts of the product inten  The products may be coated with breadmust not add fat to the product.  Raw products made from whole or carved pieces of meat that are surface marinated or seasoned.  The following conditions apply to injection-salted meat.  Raw or ready-to-eat products where minced or ground meat is the main	ded for consumption.  crumbs but the preparation instructions  - maximum fat content 10 g/100 g  - maximum sugars 3 g/100 g  - maximum fat content 10 g/100 g  - maximum fat content 10 g/100 g  - maximum sugars 3 g/100 g  - maximum salt 0.5 g/100 g  - maximum fat content 10 g/100 g  - maximum fat content 10 g/100 g  - maximum fat content 10 g/100 g  - maximum sugars 3 g/100 g

Γ			maximum salt 2.0 a/100 a
			- maximum salt 2.0 g/100 g
		– cold cut sausages, and	<ul><li>maximum fat content 10 g/100 g</li><li>maximum sugars 3 g/100 g</li></ul>
			- maximum salt 2.2 g/100 g
		– ground beef where only salt and water may be added.	<ul> <li>maximum fat content 10 g/100 g</li> <li>maximum sugars 3 g/100 g</li> <li>maximum salt 1.0 g/100 g</li> </ul>
	24c)	Ready for consumption or smoked	<ul> <li>maximum fat content 10 g/100 g</li> </ul>
		products, where the main ingredient is	<ul><li>maximum sugars 3 g/100 g</li></ul>
		whole or carved meat not covered by food group 24 b).	- maximum salt 2.0 g/100 g
		<ul> <li>The following conditions apply to</li> </ul>	<ul> <li>maximum fat content 10 g/100 g</li> </ul>
		cold cut products.	– maximum sugars 3 g/100 g
		-	– maximum salt 2.5 g/100 g
		Vegetable products	
	25.	Partly or totally vegetable products	
		with the same range of uses as fish-	
		and meat products in groups 22 og 24.	
		At least 50 % of the product shall	
		consist of grain (100 % wholegrain),	
		vegetables (other than potatoes),	
		legumes (other than peanuts), root	
		vegetables or protein of non-animal	
		origin. The products must not contain	
		fish or meat.	
		The percentage and conditions concern	
		those parts of the product intended for consumption.	
		The products may contain sauce or	
		liquid and be coated in breadcrumbs,	
		but the preparation instructions must	
		not prescribe the addition of fat to the	
,	25.	product.	0
	25a)	Sliced sandwich cuts	- maximum fat content 10 g/100 g
			<ul> <li>maximum saturated fat content 3.5</li> </ul>

		g/100 g – maximum sugars 3 g/100 g – maximum salt 1.5 g/100 g
25b)	For other products in group 25	<ul> <li>maximum fat content 10 g/100 g</li> <li>maximum saturated fat content 3.5 g/100 g</li> <li>maximum sugars 3 g/100 g</li> <li>maximum salt 1.0 g/100 g</li> </ul>
	Ready meals etc.	
26.	Ready meals with vegetables, a protein-containing part, and a carbohydrate-containing part.  Products with:  - Minimum 28 g vegetables (other than potatoes), legumes (other than peanuts), root vegetables, fruit and berries per 100 g product.  - a protein-containing part and - a carbohydrate-containing part, and that are not covered by the groups 27, 28, 29 or 30.	saturated fat, not more than 1.8 g/100 g - added sugars, not more than 3 g/100g - salt, not more than 0.8 g/100 g
	If the carbohydrate part of the dish contains cereals, it must fulfil the requirement for wholegrain as stated in the food group relevant för the carbohydrate part.  If gluten-free pasta is included, the fibre condition in food group 10 will apply.	
27.	Ready meals with vegetables, a protein-containing part, or a carbohydrate-containing part.  Products with:  - Minimum 50 g vegetables (other than potatoes), legumes (other than peanuts), root vegetables, fruit and berries per 100 g product and	saturated fat, not more than 1.5 g/100 g - added sugars, not more than 3 g/100g - salt, not more than 0.8 g/100 g

	- a protein-containing part, or	
	- a carbohydrate-containing part.	
	If the carbohydrate part of the dish	
	contains cereals, it must fulfil the	
	requirement for wholegrain as stated	
	in the food group relevant för the	
	carbohydrate part.	
	If gluten-free pasta is included, the	
	fibre condition in food group 10 will	
	apply.	
28.	Pirogues, pizzas, spring rolls, other	– saturated fat, not more than 2.0
	pies than dessert pies and similar	g/100 g
	products.	– added sugars, not more than 3
	<u></u>	g/100g
	The product shall contain at least 28 g	salt, not more than 1.0 g/100 g
	root vegetables, leguminous plants	
	(excluding peanuts) and other	
	vegetables (excluding potatoes) or fruit	
	and berries per 100 g of the product.	
	The grain element shall contain at least	
	30 % whole grain, calculated on the	
	basis of the grain dry matter content.	
	If the product contains at least 50 g	
	vegetables (other than potatoes),	
	legumes (other than peanuts), root	
	vegetables, or fruit and berries per	
	100 g product, the possible grain	
	element shall contain at least 15 %	
	whole grain, calculated on the basis of	
	the grain dry matter content.	
	If a gluten free grain element is	
	included, it shall contain at least 10 %	
	whole grain calculated on the basis of	
	the grain dry matter content.	
29.	Sandwiches, baguettes, wraps and	– saturated fat, not more than 2.0
-/-	_	
	similar products.	g/100 g

	The products shall contain at least 25 g root vegetables, leguminous plants (except peanuts) and other vegetables (excluding potatoes) or fruit and berries per 100 g of the product.	- added sugars, not more than 3 g/100g - salt, not more than 0.9 g/100 g
	The grain element shall contain at least 30 % whole grain, calculated on the basis of the grain dry matter content.	
	If the product contains at least 50 g vegetables (other than potatoes), legumes (other than peanuts), root vegetables, or fruit and berries per 100 g product, the possible grain element shall contain at least 15 % whole grain, calculated on the basis of the grain dry matter content.	
	If a gluten free grain element is included, it shall contain at least 10 % whole grain calculated on the basis of the grain dry matter content.	
30.	Soups  The product shall contain at least 35 g root vegetables, leguminous plants (excluding peanuts) and other vegetables (excluding potatoes) or fruit and berries per 100 g of the product.	- saturated fat, not more than 1.5 g/100 g - added sugars, not more than 3 g/100g - salt, not more than 0.8 g/100 g  The conditions apply to the ready-
	Any grain element shall satisfy the whole grain condition in the food group in question.  If gluten free pasta is included, the fibre	to-eat product.
	condition in food group 10 will apply.	
31.	Dressings and sauces  Dressings of oil and vinegar.	<ul> <li>maximum saturated fat content 20</li> <li>% of the total fat content</li> </ul>

	The products may be flavoured.	<ul><li>maximum sugars 5 g/100 g</li><li>maximum salt 0.8 g/100 g</li></ul>
32.	Sauces (both ready-made sauces and products that must be prepared in accordance with the preparation instructions).	<ul> <li>maximum fat content 5 g/100 g</li> <li>maximum saturated fat content 33</li> <li>of the total fat content</li> <li>maximum sugars 5 g/100 g</li> <li>maximum salt 0.8 g/100 g</li> <li>The conditions refer to the product as ready-to-consume.</li> </ul>