**Annex 3**

**The list of substances that traditionally serve as both food and traditional Chinese medicine (108 species)**

caryophylli flo,Anisi stellati fructus,Sword Bean,fennel,Herba Cirsii,Dioscoreae Rhizoma,Crategl Fructus,Portulacae Herba,Zaocys,Dark Plum,Chaenomelis Fructus,Cannabis Fructus,Daidai ,Rhizome of Fragrant Solomonseal,Glycyrrhizae Radix Et Rhizoma,Angelicae Dahuricae Radix,Ginkgo Seed,White Hyacinth Bean,Flower of Hyacinth Dolichos,Dried Longan Prlp（longan）,Cassia Seed,Lily Bulb,Nutmeg,Cassia Bark,Phyllanthus Emblica,Finger Citron,Apricot Seed（sweet, bitter）,Sea-buckthorn,Oyster Shell,Gorgon fruit,Pricklyash Peel,Rice Bean,Donkey-hide Glue,The Membrane of a Chicken's Gizzard,Malt,Kelp,Chinese Date（Jujube,Hawthorn Fruit,DateplumPersimmon）,Siraitia grosvenorii,Chinese Dwarf Cherry Seed,Honeysuckle Flower,fruit of White canarium,Houttuynia cordata,Ginger（Fresh Ginger,Dried Ginger）,Semen Hoveniae,Barbary Wolfberry Fruit,Cape Jasmine Fruit,Villous Amomrum Fruit,Boat-fruited Scaphium Seed,Poria,Citron Fruit,Chinese Mosla Herb,Peach Seed,Mulberry Leaf,Mulberry,Tangerine Peel,Platycodon Root,Sharpleaf Galangal Fruit,Lotus Leaf,Radish Seed,Lotus Seed,Lesser Galangal Rhizome,Common Lophatherum Herb,Fermented Soybean,Chrysanthemum,Herba Cichorii,White Mustard Seed,Manyflower Solomonseal Rhizome,Perilla,Perilla Fruit,Kudzuvine Root,

Black Sesame Seed,pepper,Pagodatree Flower,Pagodatree Flower,Dandelion,Honey,Torreya Seed,Spina Date Seed,Lalang Grass Rhizome,Phragmitis Rhizoma,Pallsas Pit Viper,Orange Peel,Wild Mint,Coix Seed,Longstamen Onion Bulb,Palmleaf Raspberry Fruit,Cablin Potchouli Herb.（The above are 87 species publicly announced in 2002）

Flos rosae,Chinese Mesona,Common Selfheal Fruit- Spike,Microctis Folium,Frangipani.（The above are 5 new additions in 2010）

Ginseng（The above is one new type added in 2012）

Chinese Angelica Root,Rhizoma Kaempferiae,Saffron,Tsaoko Amomum Fruit,Turmeric,Long Pepper.（The above are 6 new additions in 2019）

Pilose Asiabell Root,Desertliving Cistanche,Dendrobii Officmalis Caulis,American Ginseng,Radix Astragali,Lucid Ganoderma,Common Macrocarpium Fruit,Gastrodia Tuber,Folium Eucommiae.（The above are 9 new additions in 2023）